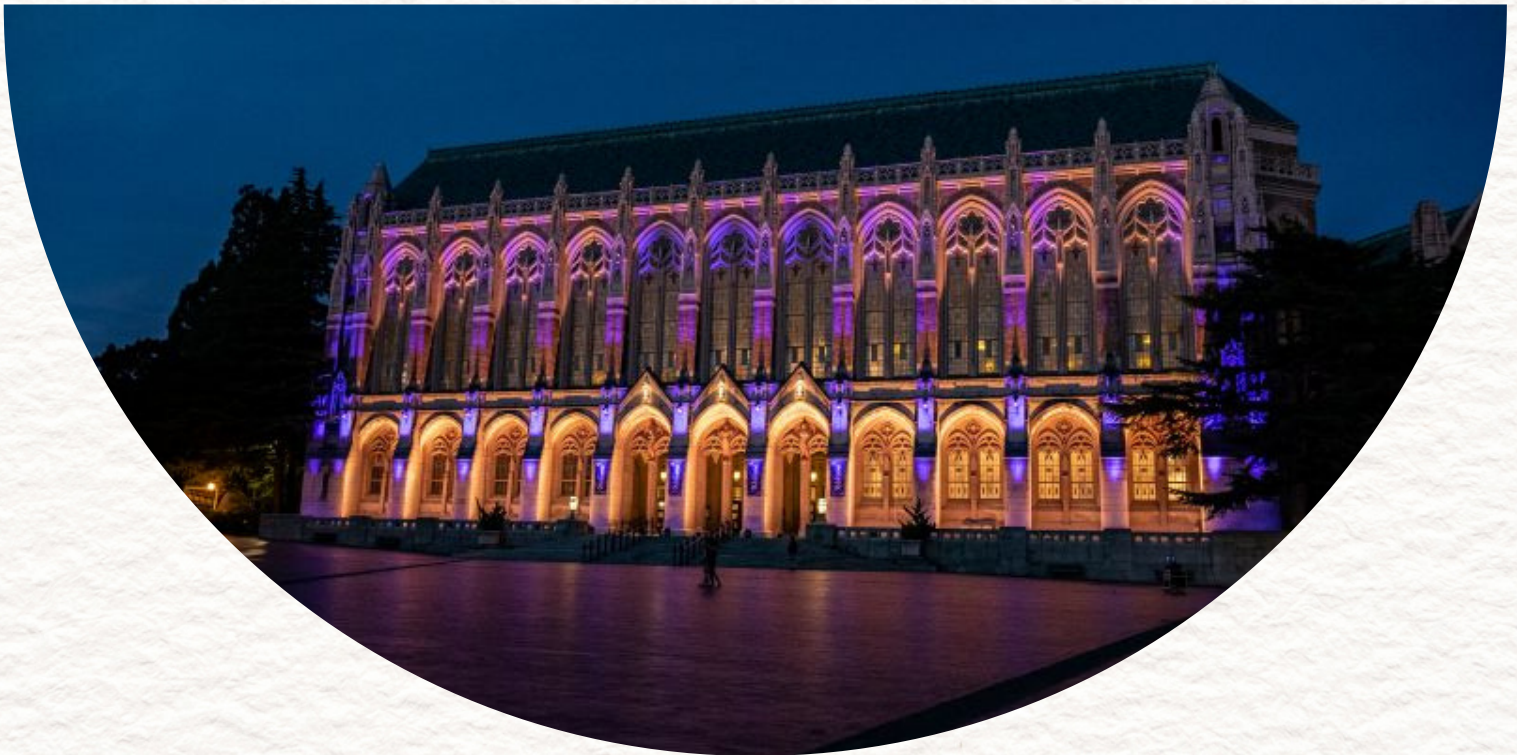


16TH JOHN D. LOESER PAIN CONFERENCE

Friday - October 30, 2026

In-Person

University of Washington | Tower Auditorium
4333 Brooklyn Ave NE
Seattle, WA 98195



UW Medicine

UNIVERSITY OF WASHINGTON
SCHOOL OF MEDICINE

ANESTHESIOLOGY
& PAIN MEDICINE

INTERPROFESSIONAL
CONTINUING EDUCATION OFFICE

TARGET AUDIENCE

The 16th John D. Loeser Pain Conference has been designed by a committee of healthcare clinicians for all healthcare professionals involved in pain management and patient care.

COURSE DESCRIPTION

This conference focuses on the practical approaches to clinical and non-clinical management of common chronic pain conditions. Some of the topics include fibromyalgia management, difficult pain conversations, pain psychology, and integrative approaches to pain. In addition, the faculty will provide updates on proposed changes to WA opioid prescribing rules, buprenorphine use, migraine management, and more.

COURSE OBJECTIVES

- Apply current evidence-based guidelines and Washington State regulations to optimize the ability of healthcare teams to provide safe and effective opioid prescribing, tapering, and monitoring in patients with acute and chronic pain.
- Demonstrate how to appropriately integrate buprenorphine into pain management plans for healthcare teams, including appropriate patient selection, initiation strategies, and ongoing management in primary care settings.
- Implement multimodal, non-opioid pain management strategies, to support healthcare teams, including pharmacologic and non-pharmacologic therapies (e.g., acupuncture, physical therapy, and integrative approaches), tailored to individual patient needs.
- Utilize evidence-based diagnostic and treatment approaches for common chronic pain conditions such as migraine and fibromyalgia in primary care practice.
- Demonstrate effective communication strategies, including motivational interviewing and shared decision-making, to aid healthcare teams in addressing challenging pain conversations and aligning treatment plans with patient goals.
- Incorporate behavioral health and pain psychology principles, including use of digital tools and referral resources, to support healthcare teams in providing holistic, biopsychosocial pain management.

- Collaborate effectively with interprofessional team members to coordinate comprehensive pain care, overcoming common barriers such as limited time, access, and resource constraints.
- Apply case-based clinical reasoning to aid healthcare teams in managing complex patients with chronic pain, including those with comorbid mental health conditions or substance use concerns, in real-world primary care settings.

ATTENDANCE POLICY

Course activities are exclusively reserved for course attendees.

FEES AND REGISTRATION

To enroll, please register online on the [conference webpage](#).

Interprofessional Continuing Education (IPCE) at the University of Washington is a self-sustaining unit and does not depend on or receive public monies in support of its educational efforts. The course fees are estimated to cover transcripts of credits, course logistics, food and beverage, and staff salaries.

If you have not received confirmation prior to the course start, please contact the IPCE office at ipce@uw.edu. IPCE will not be responsible for expenses incurred by an individual who is not confirmed.

Registration	Pricing
All Learners	\$250
*Resident/Fellow/Student	\$175
Non-Exhibiting Industry Professional	\$450
<i>*Resident/Fellow/Student rates require written confirmation of current Resident/Fellow/Student status. Failure to provide current documentation will result in a higher rate applied to your registration.</i>	

Registration rates increase by \$25 effective October 17, 2026.

ACCREDITATION

Accreditation: In support of improving patient care, The University of Washington School of Medicine is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.



JOINTLY ACCREDITED PROVIDER™
INTERPROFESSIONAL CONTINUING EDUCATION

Credit Designation: The University of Washington School of Medicine designates this live with extended viewing activity for a maximum of **7.25 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The University of Washington School of Medicine designates this activity for a maximum of **7.25 ANCC** contact hour(s). Nurses should claim only the credit commensurate with the extent of their participation in the activity.

The University of Washington School of Medicine designates this activity for **7.25 ACPE** contact hour(s). Pharmacists and pharmacy technicians should claim only the credit commensurate with the extent of their participation in the activity. Credit will be uploaded to the NABP CPE Monitor® within 60 days after the activity completion. Per ACPE rules, the University of Washington School of Medicine does not have access nor the ability to upload credits requested after the evaluation closes. It is the responsibility of the pharmacist or pharmacy technician to provide the correct information (NABP ID and DOB (MMDD)) to receive credit.

Universal Activity Numbers:

UAN JA0000336-0000-26-008-L08-P

UAN JA0000336-0000-26-008-L08-T

This activity was planned by and for the healthcare team, and learners will receive a maximum of **7.25** Interprofessional Continuing Education (IPCE) credits for learning and change.

ONLINE PRESENTATIONS AND MATERIALS

Instruction materials will be available online at uwcme.org (for conference registrants only). Materials will be available starting on **October 17, 2026**, for registrants to print and/or download. A digital booklet with the conference agenda and pages for note-taking will be uploaded with the course materials.

CANCELLATION POLICY

The IPCE Office must receive written notification of your cancellation by **October 16, 2026**. A \$75.00 processing fee will be deducted from refund requests received by this date. No refunds will be issued after **October 16, 2026**.

The IPCE Office reserves the right to cancel this course twenty (20) days prior to the course date when a minimum enrollment is not met or for other reasons that prevent the University from holding the course. Each registrant will be notified through email and receive a full refund. The University of Washington is not responsible for any other costs incurred. Contact the IPCE team with questions call 206.543.1050, fax 206.221.4525, or email ipce@uw.edu.

SPECIAL SERVICES

The University of Washington reaffirms its policy of equal opportunity regardless of race, color, creed, religion, national origin, sex, gender identity, sexual orientation, age, marital status, disability, or status as a protected veteran in accordance with University policy and applicable federal and state statutes and regulations. The University of Washington is committed to providing access and reasonable accommodation in its services, programs, activities, education, and employment for individuals with disabilities. To request disability accommodation in the application process, contact the department at 206.543.1050 or the Disability Services Office at least ten days in advance.

Disability Services Office

206.543.6450/Voice • 206.543.6452/TTY

206.685.7264/Fax • e-mail: dso@uw.edu

CHILDCARE POLICY/LACTATION SERVICES

In consideration of other participants and speakers, please do not bring infants/children into conference sessions. Please inform the IPCE Office by **October 16, 2026**, if you will need to utilize lactation services.

DIETARY REQUESTS

UW IPCE takes into consideration diverse nutritional preferences and restrictions when planning our complimentary menu. However, those individuals who might find that our menu is not completely aligned to their specific nutritional needs are welcome to bring their own food items.

If you have dietary restrictions (e.g., vegan, gluten-free, etc.), send an email to ipce@uw.edu by **October 16, 2026**. We may be unable to fulfill requests after this date.

FUN IN SEATTLE

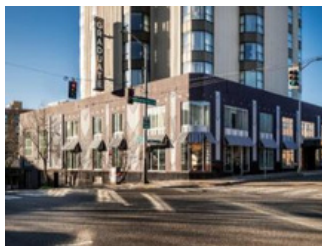
While you are in the area, explore a number of Seattle experiences, including:

- Riding the ferry across to Bainbridge Island for a day of fun
- Visiting Pike Place Market and exploring the Seattle Waterfront
- Enjoying the sights and visiting the iconic Space Needle



ACCOMMODATIONS

The following hotels are located near the conference site. To make reservations, please contact the hotels directly.



Graduate Hotel

4507 Brooklyn Ave NE
Seattle, WA 98105
206.634.2000

www.graduatehotels.com



Residence Inn by Marriott

4501 12th Ave NE
Seattle, WA 98105
206.322.8887

www.marriott.com



Silver Cloud Inn

5036 25th Ave NE
Seattle, WA 98105
206.526.5200 or 800.205.6940

www.silvercloud.com



Watertown Hotel

4242 Roosevelt Way NE
Seattle, WA 98105
206.826.4242 or 888.944.4242

www.staypineapple.com

Course Faculty

COURSE CHAIRS



Wenyu Pan, MD
Assistant Professor
Department of Anesthesiology
& Pain Medicine



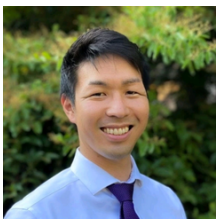
Rebecca Dale, DO
Associate Professor
Department of Anesthesiology
& Pain Medicine
Director, Pain Medicine Fellowship

JOHN D. LOESER, MD



*"A New Way of Thinking
About Pain"*

PLANNING COMMITTEE



Satoru Ito, PharmD, BCPS
Clinical Pharmacist
UW Medicine



Cara Towle, RN, MSN
Manager Of Program Operations
Behavioral Health Institute
Program Director, Behavioral
Health Training
Harborview Medical Center

John D. Loeser, MD
Professor Emeritus
Department of Anesthesiology
& Pain Medicine
Department of Neurological Surgery

VISITING FACULTY



*"Ethics in Pain and
Symptom Management"*

COURSE FACULTY

Ami Cuneo, MD
Assistant Professor
Department of Neurology

Coninyah Dew, DACHM, L.Ac.
Acupuncturist
VA Puget Sound Healthcare System

Gary Franklin, MD, MPH
Research Professor
Department of Environmental and
Occupational Health Sciences
Director, Occupational
Epidemiology and Health
Outcomes Program

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& Pain Medicine

Lucinda Grande, MD
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Department of Family Medicine

Natalia Murinova, MD, MHA
Clinical Professor
Director, UW Medicine
Headache Center
Department of Neurology

Tasha Parman, DPT
Physical Therapist
Department of Anesthesiology
& Pain Medicine

Rosanne Sheinberg, MD, ABoIM
Associate Professor
Department of Anesthesiology
& Pain Medicine
Gunn-Loke Endowed Professor
of Integrative Pain
Director, Integrative Pain Medicine
Director, Resident Wellness

Eric Wanzel, MSW, LICSW
Clinical Social Worker
UW Center for Pain Relief

Larry Driver, MD
Professor
Department of Pain Medicine
Program Director,
Pain Medicine Fellowship
Professor/Adjunct Ethicist,
Clinical Ethics Consultation
University of Texas
M. D. Anderson Cancer Center

Friday - October 10, 2026

- 7:50** Welcome and Introduction | *Rebecca Dale, DO & Wenyu Pen, MD*
- 8:00** A New Way of Thinking About Pain | *John D. Loeser, MD*
- 8:15** Ethics in Pain and Symptom Management | *Larry Driver, MD*
- 8:45** Proposed Changes to WA Opioid Prescribing Rules and State Opioid Legislation Updates
| *Gary Franklin, MD, MPH*
- 9:15** Buprenorphine for Pain: Practical Prescribing Pearls | *Lucinda Grande, MD*
- 10:00** Q&A Panel | *Larry Driver, MD, Gary Franklin, MD, MPH, and Lucinda Grande, MD*
- 10:15** **BREAK**
- 10:45** Migraine Management in 2026: New Medications and Practical Primary Care
Approaches | *Ami Cuneo, MD and Natalia Murinova, MD, MHA*
- 11:30** Fibromyalgia: Evidence-Based Diagnosis and Management | *Isuta Nishio MD, PhD*
- 12:00** Q&A Panel | *Ami Cuneo, MD, Natalia Murinova, MD, MHA, and Isuta Nishio MD, PhD*
- 12:10** **LUNCH**
- 1:00** Acupuncture | *Coninyah Dew, DACHM, L.Ac.*
- 1:30** Integrative Approaches to Pain | *Rosanne Sheinberg, MD, ABoIM*
- 2:00** Physical Therapy for Pain Control: What It Does, Why It Works, and When to Refer |
Tasha Parman, DPT
- 2:30** Q&A Panel | *Coninyah Dew, DACHM, L.Ac., Rosanne Sheinberg, MD, ABoIM, and Tasha
Parman, DPT*
- 2:45** **BREAK**
- 3:15** Difficult Pain Conversations and Motivational Interviewing | *Rebecca Dale, DO*
- 4:15** Pain Psychology for Primary Care: Digital Tools, Apps, and Referral Resources | *Eric
Wanzel, MSW, LICSW*
- 5:00** Q&A Panel | *Rebecca Dale, DO and Eric Wanzel, MSW, LICSW*
- 5:15** **ADJOURN**

All times listed are in Pacific Time